

Patanjali Yogpeeth is striving to make India as the 'World Mentor'. Respected Swamiji Ramdev's dream is to include yoga at school level. The plan has been carried out and syllabus has been prepared. This plan will change the face of the Mcalay's education. Children will be able to cure small problems and diseases by themselves and will be able to give tips like their grandmothers used to give them.

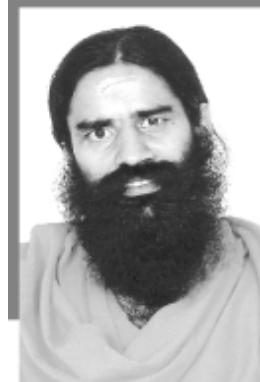
To make India's future bright, well cultured and wealthy, it is necessary for the leaders of this country to be well educated and intelligent. The founder president of the Patanjali Yogpeeth, Yog Rishi Swami Ramdev and Chief Secretary Mr. Balkrishna will be able to get the status of 'World Mentor' for India. They have given our country the true meaning of Yog and Ayurved. Today the whole world is learning Baba's Yog; the western countries, which were once upon a time against this,

are now running Yog classes and making their people hale and hearty. The future generation has to learn this to be intelligent and matured. The government in many states has accepted to include yoga in the academic curriculum on the invitation of Patanjali Yogpeeth. According to National syllabus frame work 2005, many learned scholars and social reformers have agreed that Yog plays an important role in the life of a child both physically and mentally, that is why Yog should be included in the curriculum. Patanjali Yogpeeth, had a conference on this issue and State Educational Institute and Training Council, planned for a syllabus for classes I to XII, which is taking a shape now. The syllabus is planned according to the norms given by the NCERT and WHO.

'India is a country of nuclear power. The whole world is aware of this fact but I do not want to achieve this by keeping the government at stake. The freedom of government is utmost necessary and we should ac-

quire it at any cost'. These are the words of Yoga Rishi Ramdev Ji Maharaj. He said that strong nuclear power is important to make India strong but we should not loose our freedom. We should not acquire nuclear power by loosing our freedom. Lord Rama and Krishna are basis of our culture. Without their presence our culture will be baseless. Without Rama and Krishna we will be like orphans. We cannot imagine the country without them.

India can achieve the status of 'World Mentor' only after accepting the culture and philosophy. Indian culture is greatest among all other cultures of the world. He said that to improve the health of the country, Yog and Ayurved are the best means. Ayurved is the cheapest treatment in the world. We can make the people



healthy and farmers wealthy by adopting Ayurved. Household items, which the farmers grow in the fields, are used basically in

- **Yoga to be included in schools**
- **Patanjali Yogpeeth has prepared yoga text books**
- **Yoga and Ayurved are the best means of good health of the people**

Ayurved. 60 crore farmers can be benefited by using Ayurvedic medicines. There are researches going on in the name of AIDS, but till today they are not able to get the cure for it. Today it has become a major concern; we have to change the methods of medication.

Cure for Arthritis, Hepatitis, Psoriasis, Bronchitis, Sinus, heart problem, migraine, cervical, sciatica, obesity, asthma is possible through Yog. But Ayurved provides wonderful benefits.

People may feel awkward when they hear of yoga and Ayurved relation, but it is true that the patients who have returned from PGI and All India Institute of Medical Sciences and other famous hospitals have been cured in 'Patanjali Yogpeeth'.

Cancer and aids patients are getting benefited but the research is still going on where the patient can get permanent relief. Patanjali and Yog are continuing their research work. People suffering from incurable diseases are coming here and gaining health. You can also be-

come healthy by including asana, pranayam and Ayurved in your daily life.

Prime Minister of Nepal Shri Pushpa Dahal 'Prachand' (Maoist) was unable to meet Yog Rishi Swami Ramdev Maharaj and Acharya Balkrishna, due to his busy schedule. On request of the Prime Minister and his cabinet ministers, Yog Rishi Swami Ramdev Ji Maharaj and Acharya Balkrishna went to Delhi to give their blessings. The Prime Minister invited Swami Maharaj to open a 'Patanjali Yogpeeth' and Ayurvedic college in Nepal. Swamiji gave his acceptance and his blessings for the same.

The Prime Minister said that India and Nepal are rich in herbs. The work undertaken by Yoga and Ayurved is highly appreciable. Patanjali Yogpeeth and Ayurvedic College is to be established in Nepal on the lines of Social and Vedic belief.

Talking on this issue Swamiji Maharaj said that Patanjali Yogpeeth would work on a large scale to remove social barriers,

poverty, untouchability and unemployment. At present thousands of Yog instructors are working in 75 districts of Nepal to give health benefits to the people. The herbs of the Nepal will be used and plantation of medicinal plants will be under taken. This will improve the condition of the poor people. By establishing Patanjali Yogpeeth and Ayurvedic College people will get rid of diseases and gain health. My idea about 'healthy world' will come true.

Prime Minister said that the people of Nepal have great respect towards the Yog and Ayurved. I also make use of your program. His wife said that –'I practice Yog and pranayam and I watch your program on 'Astha' channel. I will surely come to 'Patanjali Yogpeeth' and you will have to come to Nepal to give a detail account of Yog and Ayurved.

There were some laughter moments also. Swamiji said he does not believe communist policies. He said you have red flag but I wear red clothes.

In a special meeting the Prime Minister and his wife Sita Dehal, Information and Broadcasting Minister of Nepal Mr. Krishna Bahadur Mahra, Foreign Minister

Shri. Upendra Yadav, Water Resources and Electricity Minister, Swamiji and Acharya Balkrishna, Patanjali Yogpeeth in charge Shaligram Singh and Om Bansal were present on the occasion.

Addressing the camp Swamiji said that India's ancient culture is given due respect because of its Yog. He said in ancient age yogi had a highest status, Chakravarthy, Samrat, Maharaj Janak were known as learned Vedic experts, that means he was a great king who was performing all the rituals and was seated high above all.

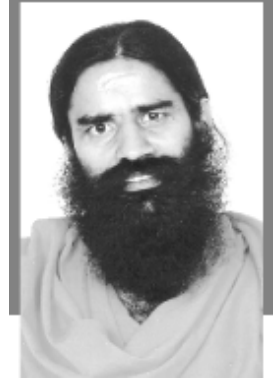
He also reminded that Lord Krishna of the Yadu

family was known as Yogeswara. Sages used to assemble near Maharaj Ashwapati for self-introspection. These were the ideals of

our kings, but today people are attracted towards the luxury and we are degrading politically. The modern leaders do not lead austere lives, celibacy, patience, good conduct, they are into the materialistic world, they have become liars, bad conduct and luxurious.

Today we expect cleanliness, morals, humanity and honesty from every one. We want a society, which is free from fear, terror and corruption. For this we have to make the society Yog popular. Yoga gives an ideal personality. Mahirishi Patanjali has given eight branches of Yog namely- observances, restraining sensory organs, posture, breath control, and resistance towards passions, concentration, contemplation and meditation. But today people consider asanas only to be part of Yog. This makes the limits of Yog smaller. Some people are cheating people with this name.

In the camp people can understand the greater meaning of Yog. By practicing Yog one can get rid of diabetes, obesity, gas, constipation, acidity and back bone related problems.



- You can become healthy by accepting yoga and Ayurved
- Patanjali Yogpeeth and Ayurvedic college will be established in Nepal
- The ancient culture of India is great because of yoga